













### Official Paper

- The Racing Rules of Sailing (RRS)
  - World Sailing
  - RRS revised after every Olympic Games
- World Sailing Regulations & Codes
  - Regulations 19, 20, 21& 22
  - Eligibility, Advertising, Anti-Doping & Sailor Classification

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### Official Paper

- MNA Prescriptions
  - Printed in large italics in Canadian RRS
  - Changes as permitted in RRS 86
- Class Rules
  - Information specific to class
  - Changes as permitted in RRS 86
- Handicap or Rating System Rules - PHRF, IRC, etc.

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### Notice of Race 8

- RRS 25.1, RRS 89 & RRS Appendix J1
- Follow RRS Appendix K template
- Invitation to the competitors
- Responsibility of Organizing Authority (OA)
- Publication strategy
  - Now usually published on-line
  - Update as needed but date each version
- Final version for the regatta (timing issues)
- Provide all the information that the competitor needs to know in advance

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### Sailing Instructions

- RRS 25.1, RRS 90 & RRS Appendix J2
- RRS 90.2 RC 'shall' publish
- Follow RRS Appendix L template
- Exact details of how racing to be conducted
- Danger of revising prior SIs
- Do not be creative!

"fair sailing" = "not confusing"





### Other 'Rules'

- World Sailing Equipment Rules of Sailing (ERS)
- Safety standards
  - -World Sailing Offshore Special Regulations (OSRs)
  - -Canadian Coast Guard (CCG)

-local / regional regulations

• Class 'guidelines'

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### Jobs vs People

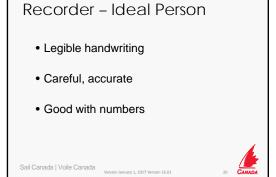
- RO assigns RC positions
- sometimes a couple of people do several jobs
  - timer + recorder
  - line judge + sound
- sometimes several people do a single job
  - recorders at a big finish
  - line judges at the start



### Recorders

- Manage all forms (competitors' list, etc.)
- · Record the day's activities
  - -time leaving dock, time of first race
  - -wind speed at regular intervals
  - -check-in boats against registration list
  - keep starting sequence log
  - -record OCS boats, other events
  - -count the boats in each start
  - -record finish order & times
  - note protest & yellow flags at finish
- compare finish order with registered boats Submit original records to scoring

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### **Timer**

- · Confirm timing base (always GPS)
  - Discuss countdown technique (15, 10, 5..4..3..2..1..Mark!, etc.)
- Work closely with the recorders
- Be conscious of 'deadlines' to help the CRO
- start times, time limits, target times, weather mark times, last start of the day, etc.
- At RO 'go ahead', starts the sequence countdown ASAP at next nearest minute
- need to make sure all other users understand
  - pin boat, mark layer, judges, etc.

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### Timer - Ideal Person

- · Reliable, able to concentrate
- · Loud voice
- · Pushy, aggressive

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### Flag Officer

- review the display system
  - -may need to put 2 or 3 flags up/ down at the same time
  - -stagger flags
- have appropriate sized flags properly sorted & prepared **B**
- always know where 'AP' & 'X' are





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### Flag Officer - Ideal Person

Reasonable upper body strength

Athletic, coordinated



### Flag Technique

- Make sure AP and X are always available
- Plan flag positions bow to stern
  - X 1st Sub Warning Prep
- Get flag X as far forward as possible
  - First Sub also
- Use stern for AP, N, others

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### Sound Officer

- · Access to at least two different kinds of sound **K** 
  - Propane cannon, truck or train horn, air horn, whistle, etc.)
  - guns are not recommended
- try to use eco-friendly devices **B** 
  - electric horns, whistles
- Aware of situations where extra sounds are
  - X flag, First Substitute, C flag, etc.



### Sound Officer - Ideal Person

• Often done by Timer or Line Judge -Especially if it's just pushing a button

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### Line Judge

- At the start
  - sight from the anchored pin end boat
  - has a voice recorder
  - aware of radio protocols when calling from the pin
    - just number of boats, not sail numbers
- At the finish
  - call sail numbers at finish (voice recorder)
  - work with recorders
  - need system for boats where you can't see the numbers

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### Line Judge - Ideal Person

- · Usually the RO
  - -At the start, also someone at the pin
- Experience is the most valuable attribute

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### Specialist Jobs

- Mark Layer Team
- Safety Team
- Scorer



### Mark Layer Team

- lays marks
- starting line pin, course marks, finish line
- · anchor & judge line at pin end
- · take wind readings
  - at the weather mark, elsewhere
- basic requirements:
  - Anticipate problems worry about what could go wrong
  - Watch the marks do not leave course without permission from CRO
  - Maintain a safety watch too much wind, collision between boats, other boats intruding

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### Mark Layer - Ideal person

- · An experienced mariner
  - ties knots
- sets anchors
- navigate with GPS & dead reckoning
- handle small boats
- uses VHF radio
- estimates distances
- able to steer a course
- holds a pleasure craft operator card
- holds a ROC (M) or equivalent



### Safety Office

- Provide Safety at sailing regattas
- Written Safety Plan
  - Designate transfer point
  - Pre-arrange first aid space, ambulance, hospital
- Trained in on-water boat handling & boat rescue techniques
- Knowledge of first-aid
- Familiar with the type of boat on course
- 2 people per boat inflatable preferred



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### Safety Team

- Supports CRO
  - full charge of health & safety
  - not combined with other jobs (e.g. PC, press, spectator boats, etc.)
- · Health on the water
  - water, adequate food
- Standard protocol for rescue
  - Rescue PEOPLE first, then boats
- Engage all boats in safety watch
  - Signal boat, mark layer, judges, coaches, other support boats



#### Scorer

- RRS 90.3 (The Race Committee shall ...)
- · Present results as quickly & accurately to competitors
- understands RRS Appendix A
  - break ties, score penalties
- trained in software (Sailwave SC preferred)
  - fix registrations, set drop races
- Get experience before the regatta
- be available until protests are decided

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### Race Equipment

- Signal Boat <sup>8</sup>
- Pin / Line Boat <sup>K</sup>
- Mark Layer &
- Finish Boat <sup>K</sup>
- Safety Boat



### Personal Equipment

- Rule book
- Personal notebook
- Equipment
  - digital watch
- inflator whistle

- GPS

- duct tape

- hand bearing compass
- wool for tell tales
- laser range finder
- digital voice recorder
- sun screen, foul weather gear, PFD, medication, etc.

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### Race Committee Meeting

- Review event <sup>K</sup>
- classes invited, competition format, SIs
- Review schedule
  - volunteer check-in process
  - when do we leave the dock
    - when do we expect to return
- Goals
  - assigns positions
  - identify where training is needed
- GPS WSG84; Magnetic; Kts; .mmm

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### Competitors' Meeting <sup>8</sup>

- Club Race officer:
  - Introduces Race Committee & Protest Committee
  - Introduces Safety Officer
  - Identifies important locations
    - Regatta office
    - official notice board
    - Flag pole for signals ashore
    - Protest desk & office

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### Competitors' Meeting (2)

- -Identify signal boat, mark boat, etc.
- Describe racing area
  - Hazards to navigation
- harbour traffic
- -Wind / weather briefing
- -Do not comment on the sailing instructions
  - written Inquiries if questions
  - post responses on the notice board

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### Coaches' Meeting <sup>8</sup>

- Highly recommended
- Introduce Race Committee & Protest Committee
- Introduce Safety Officer
- Daily meetings to address previous day's races
- Discuss course boundaries
- Request assistance with safety
  - VHF radio











### Locating the course <sup>8</sup>

- · Area of water available for racing
- · Anticipated wind strength
- Number, type & speed of boat
- Number of classes / groups on course
- Use local knowledge to set up fair race
  - shore profile
  - current, tide, water depth, obstacles
  - commercial traffic
  - government rules

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### Course Types

- · Windward-leeward
  - many variations
- Triangle
  - note angles between legs
- Trapezoid
  - Not recommended for club racing
- Fixed marks
  - islands
  - navigation marks

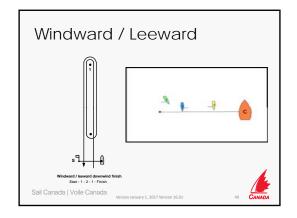
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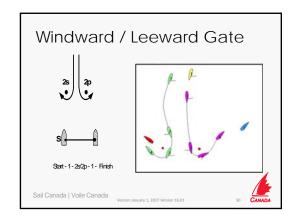


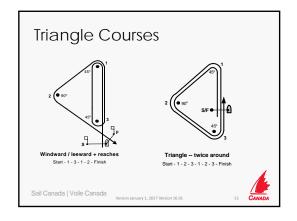
## Selecting the Course • Why windward/leeward?

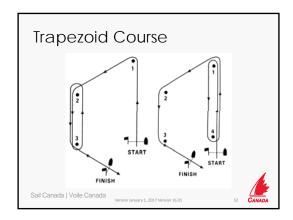
- passing lanes up & down
- more downwind tactical sailing
- fewer resources required
- Why triangles?
  - what angles?
  - what fleets?
  - what wind velocities?
- · Why trapezoids?
- Why fixed marks?
- Why gates?







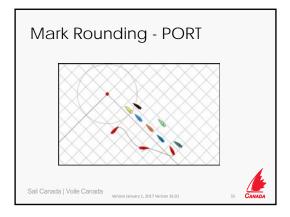


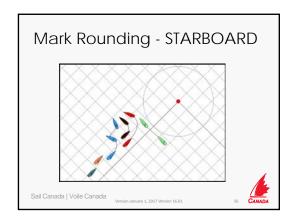


# Islands Is it safe? how close can they go? Navigation marks is it legal? protocol for vessel traffic lanes check with other local clubs to ensure that you're not sharing a mark with them Club marks Orient marks for prevailing winds Sail Canada | Voile Canada

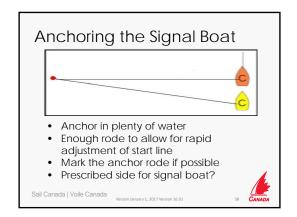
**Fixed Marks** 

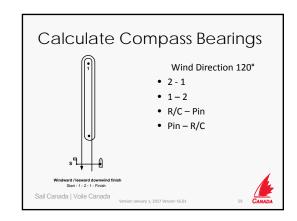
# Courses – Other Considerations • Mark Layer boat resources - best is one boat for each mark - use anchored pin boat if possible • Start/finish lines - 'closed' vs 'open' start/finish lines - separate start/finish boats • Windward/leeward congestion - gates at the bottom - offset spacer mark at the top Sall Canada | Volle Canada

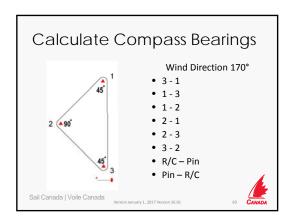










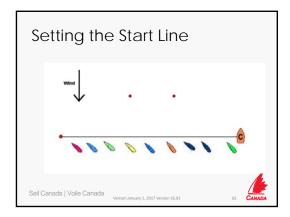


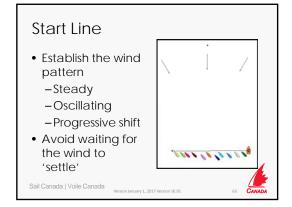
### Wind Speed

- Average over a 5 minute period
- WS recommendation that races are not started in less than 4 knots of wind speed (higher if strong current present)
- WS recommendation that races are not started excess of 25 knots of wind speed
- NOTE: Upper & lower limitations do vary check with the class

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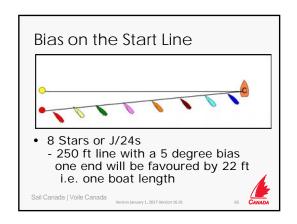


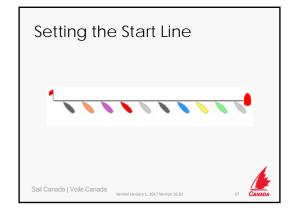
### Start Line - How Long?

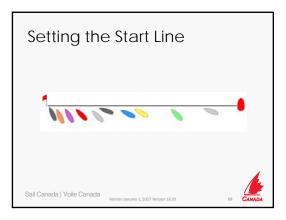
- 1.5 2.5 times fleet length
- Depends on wind, sea conditions, competitor skill
- Use GPS or laser range finder to measure

	Light Winds	Heavy Winds
Boards	2.5	3.0
Skiffs	2.0	2.5
Dinghies	1.5	2.0
Catamarans	2.0	2.5
Keel boats	1.5	2.0
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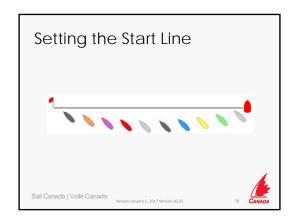


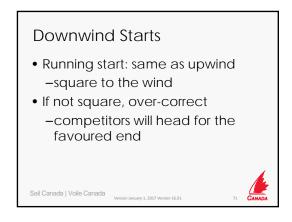


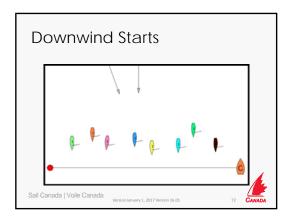


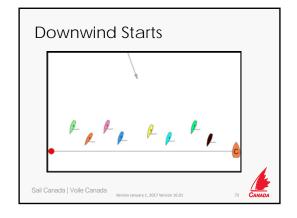


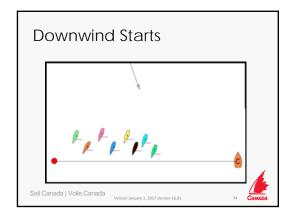


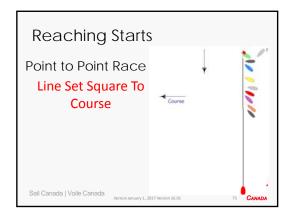


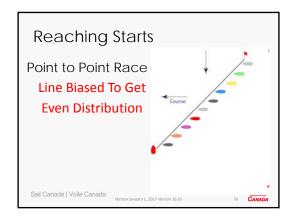






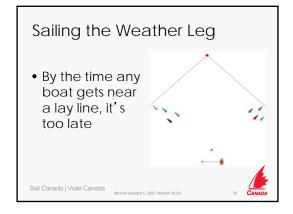


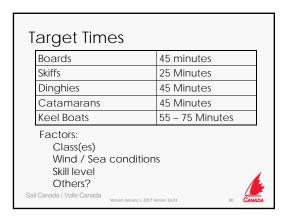


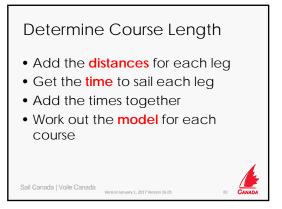


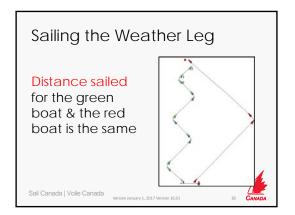


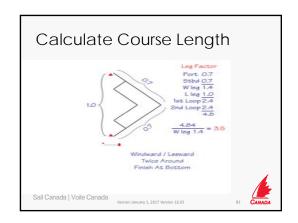


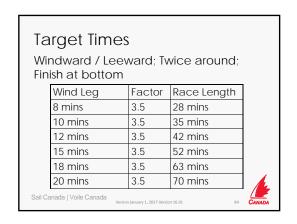


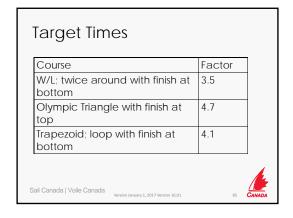


















### Starting the Race

- RRS 27.1
  - -Prior to warning course designated
- RRS 27.2
  - -Prior to Preparatory RC may move a starting mark
- RRS Appendix L 5.4 orange flag
   Needs to be written in the SIs

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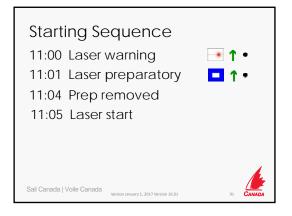


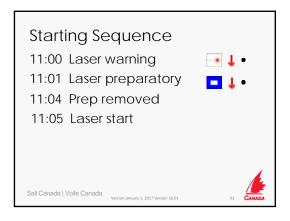
### **Timing Technique**

- Check the SIs for scheduled warning time
- Timer assumes control of the start sequence
   provides time for each action
- Call time for last 10 seconds for any action

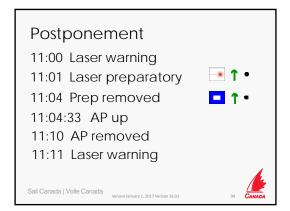
   get acknowledgement from sound & flag officers
- At the start, call each 10 seconds in the last minute:

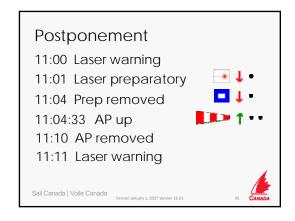


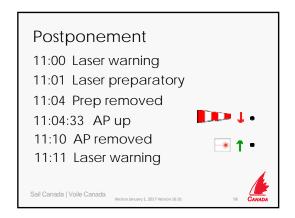


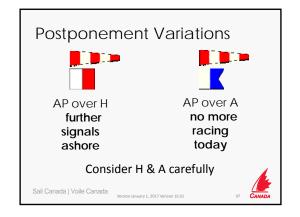






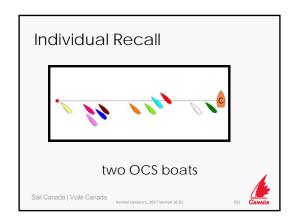


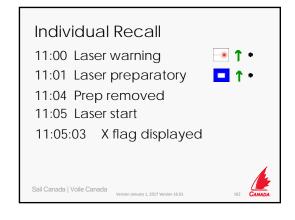


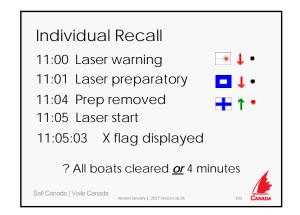


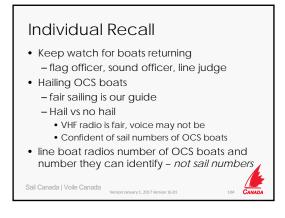


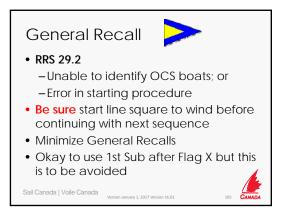


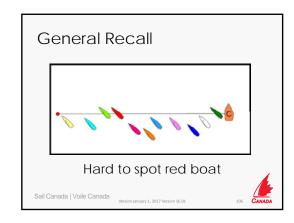


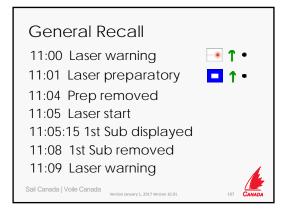


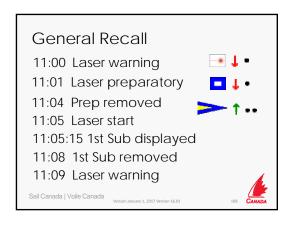


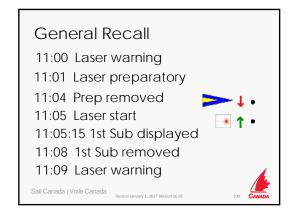


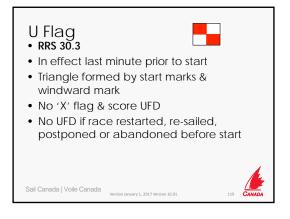


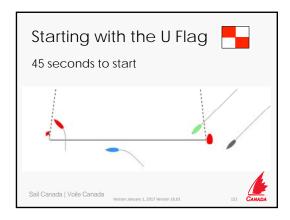


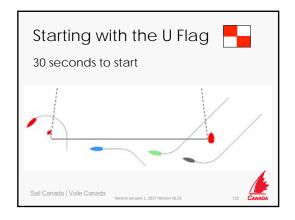


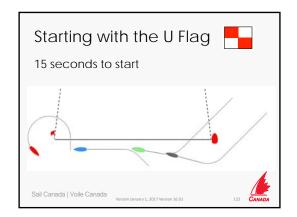


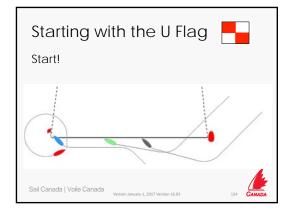


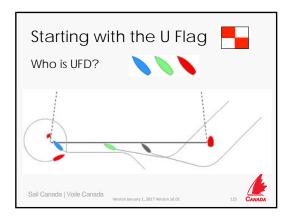


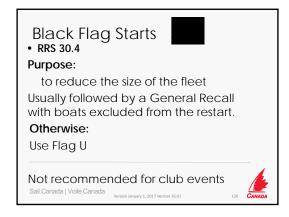




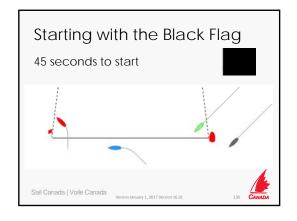


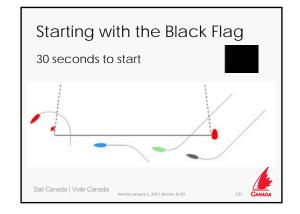


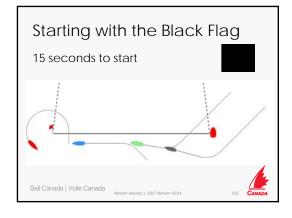


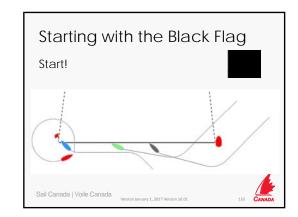


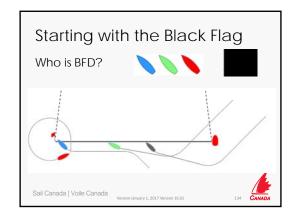
# Black Flag Starts RRS 30.4 In effect last minute prior to start Triangle formed by start marks & windward mark No 'X' flag & score BFD BFD in effect if restarted, re-sailed but not if postponed or abandoned before start If general recall or abandoned after start, post numbers before next warning Photograph posted board with numbers Sail Canada | Voile Canada

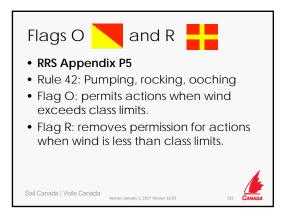
















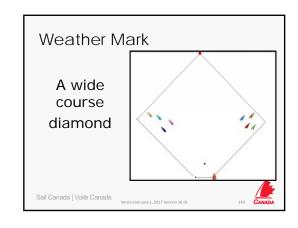
## Course Management Safety Time limits Target time Schedule of races Maintaining the course Wind speed Moving mark

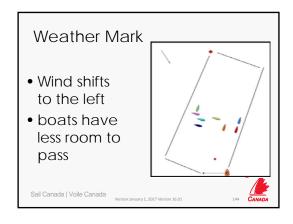
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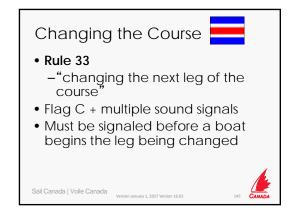
# Safety • Rule 4 – Decision to Race • Consider: - Collapse of wind - Increase in wind speed - Outside temperature - Heavy sea - Visibility - Lightning - Squalls - Freighters, ferries, commercial traffic Sail Canada | Voile Canada

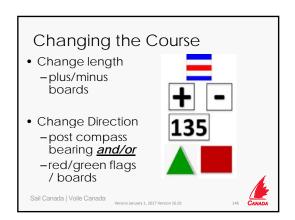
# Time Limits Rule 35 Specified in Sailing instructions — Time to windward mark — Time for first boat to finish — Time for other boats to finish within

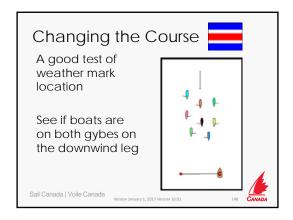




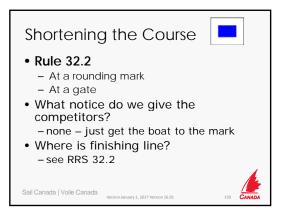


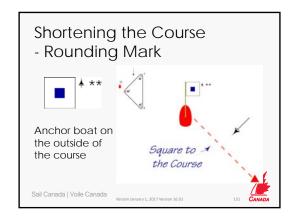


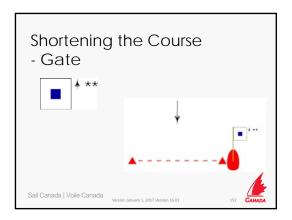




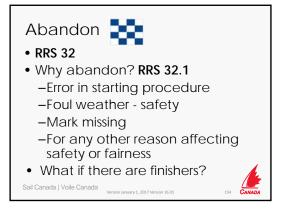


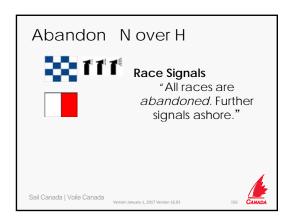


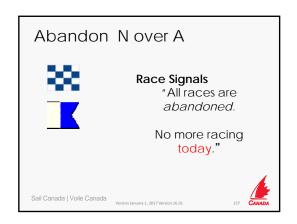




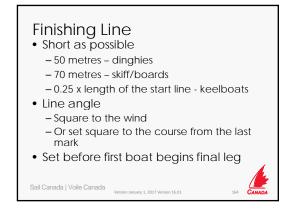


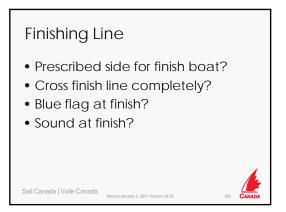












### Recording the Finish

- Check that sail number is unique
- · May have more than one team
  - line judge, two recorders per team
- one team could be on pin boat
- Record in finish order don't separate classes
- scoring software will split classes
- Record every time a boat finishes
- Record all boats even OCS, UFD, BFD

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### Recording the Finish

- Record time of first finisher & last finisher, even for one design
- For handicap / rating system racing, use time of day for finishes
  - Line sight calls boat 'MARK'
  - Timer gives recorders 'hour, minute & seconds' at the 'MARK' call
- Watch for red protest flags
- Watch for yellow flags

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### Issues at the Finish

- Finishing upwind
  - -Sail numbers of boats are usually easy to read. But be prepared...
- Finishing downwind:
  - -Make sure the team can read the sail numbers
  - -Reaching finish preferred sometimes

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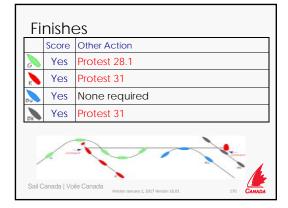
### Issues at the Finish

- If you can't see a number, use another identifier
  - Near boat, middle boat, far boat...
- Say 'BLANK' so recorder leaves a space
  - Then catch up after the boat finishes

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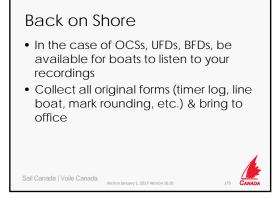
### Forms at the Finish

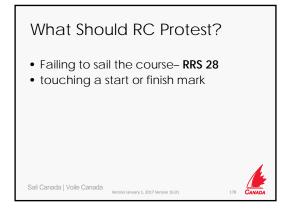
- Account for all starters (SAFETY)
- Penalty flags marked
- Red or yellow flags recorded
- · Results to scorer ASAP
  - Send as a photo from a smart phone
  - Send paper copy to shore



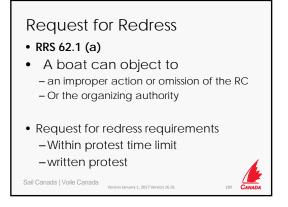












### Usual Requests for Redress by a boat:

- · Watch out for
  - -marks not in the water on time
  - -moving / missing marks
  - -starting errors
- Should not include OCS calls

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#### Debrief

- Review the day with the team
  - -equipment problems
  - -suggestions for tomorrow
  - -gas up the boats
  - -confirm team members for next day
- Don't leave until
  - -scoring is completed & posted
  - -protest time has ended

Before you leave for the day

### Thank your team!

Stay in touch. Develop a team.

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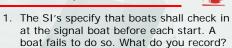
## Review & **Open RRS Quiz**

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### **Review questions**

How do you score them?



2. A starting area is specified in the SI's and is closed to classes not starting. A boat enters the area. What do you record? How do you score them?

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### **Review questions**



- 3. The RC loses time on all watches during the starting sequence. Action?
- 4. At the Warning signal the 'P' flag is hoisted instead of the class flag. Action?

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February 2016 1.60

### **Review questions**



- The mark set boat loses power before the pin can be set. Warning Signal time is close. Action?
- 6. The weather mark is not in the water fifteen seconds before the start for race 3. Action?
- 7. A 90° wind shift comes three minutes before the start. Actions?

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2c-188

February 2016 1.60

### **Review questions**



- 8. A 10° wind shift comes three minutes before the start. Actions?
- 9. The horn fails to sound at the start. Actions?
- 10. The Starting Signal is made ten seconds early. All boats start properly at this signal. Action?
  - A second class is scheduled to start five minutes after the first. How to time it?

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2c-189 February 2016 1.60

### **Review questions**



- 11. Four boats are registered for non-spinnaker, twenty for spinnaker class. The latter have the first start but all non-spinnaker boats start with them despite the SI's, for two starts. Actions?
- 12. In a major centerboard regatta there have been two general recalls and more seem likely. Action?

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2c-190 February 2016 1.60

### **Review questions**



- 13. At a start four boats are identified as OCS but more are probably guilty also. You have not hoisted "X" immediately, pondering a General Recall. Thirty boats are starting. Action?
- 14. An OCS boat does not return to make a proper start. Flag "X" was displayed with one sound signal right after the start. Actions?

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2c-191 February 2016 1.

### **Review questions**



- 15. A General Recall has been signaled, then the flag removed with one sound signal. In one minute what signal is made?
- 16. When the boats in one class are halfway up the first weather leg, the wind shifts 80° to the right. Action?

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February 2016 1.66

### **Review questions**



- 17. In a catamaran race, the boats are sailing twice around a 60° triangle. The wind shifts 40° before they come to mark 3. Action?
- 18. A storm with lightning and thunder is observed nearby during racing. Action?

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2c-193 February 2016 1.60

### **Review questions**



- 19. Two races are scheduled Saturday and one Sunday. After one slow race on Saturday, the wind dies completely with no possibility of a start for race 2. Action?
- 20. A boat sails through a finishing line during the race. The SIs say "boats must not sail through the finishing line unless finishing." Record how? Score how?

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2c-194 Febr

February 2016 1.60

### **Review questions**



- 21. RC observes contact between two boats, neither of which protests or takes an alternative penalty. RC action?
- 22. In a dying wind, the RC wants to shorten course. All boats are on the third leg of a five leg course and probably cannot make the finish. Action?

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2c-195 February 2016 1.60

### **Review questions**



- 23. After the finish line has been set and boats have started to finish, there is a 40° wind shift. Action?
- 24. Before the start, the weather mark is punctured and deflated after being placed for the first race. An alternate mark is available, but is specified in the SIs for use with a Change of Course. Action?

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96 February 2016 1.60

### **Review questions**



- 25. Weather in the open water is becoming dangerous, and you want to get the boats into a sheltered bay for the next race. Action?
- 26. RC observes regular pumping of the sails by a small boat. Actions?

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### **Review questions**



- 27. RC observes a boat that apparently fouled another putting up a yellow flag for a 20% penalty. Flag is not seen when the boat finishes. Action?
- 28. There is no wind to sail on at 1300, but you expect some two hours later. How do you tell the boats to re-assemble for a start at 1500? Action?

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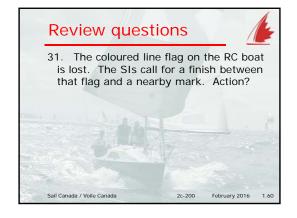
### **Review questions**

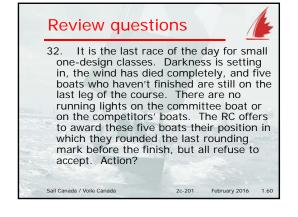


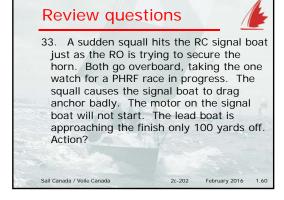
- 29. In a centerboard race, half the fleet is becalmed while the other picks up breeze and approaches the finish. Action?
- 30. A Modified Olympic course is being sailed around a circle of buoys, all alike except for dim letters on cylinders. The lead boat rounds the wrong weather mark, unwittingly following a shift in the wind. All other boats follow and complete the whole course. What do you do as they approach the finish? What do you do next?

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2c-199 February 2016 1.60







### **SC Certification Program** Five levels

- Assistant Race Officer (ARO)
- Club Race Officer (CRO)
- Regional Race Officer (RRO) • National Race Officer (NRO)
- International Race Officer (IRO)

Certification as Club Race Officer

- Attend this course
- Practical experience

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#### **Professional Development** SAIL CANADA - Advanced Race Management - Assistant Race Officer - Mark Layer - Club Judge - Regatta Safety course OTHERS - First aid - PCOC VHF - Weather

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### Instructors

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### THANK YOU!!!

Race Management Resources: www.rvan.ca/RM

